



ST. ANN MELKITE GREEK CATHOLIC CHURCH
 41 Cross Rd, Waterford, CT 06385
<http://www.stannmelkitechurch.org> 860-442-2211

Pastor: Father Dennis McCarthy Email: abounadennis@gmail.com Cell phone: 860 287 0677	February 21 , 2021 Sunday of Orthodoxy
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Intentions This Week:

- **Saturday Liturgy:** For all medical personnel who keep us safe.
- **Sunday Liturgy:** For relief from the Covid virus.
- **Please pray for:** Ron and Mary Talge, Marino De La Cruz, Nick Rahal, Gail Facas, Daniel Conigliaro, George Abbiati, Jr, Michael Flaherty, Sandy Flaherty, Amal Karam, Tony Karam, Anna Villani, Father Saba Shofany, Dee Porlidis, Marcelle Nohra, James Donkin, Maddy Zizik, Joyce Whelan, David Abdul.

This Weekend	Saturday: Reader: Joumana Hajj	Sunday: Reader: Volunteer			<i>Thanks to all who always make up their missed envelope, including fuel and building fund!</i>
Next Weekend	Saturday: Reader: Joumana Hajj	Sunday: Reader: Volunteer			
	Attended Saturday	Attended Sunday	Gave	In addition to the collection: \$83 for candles and \$20 from the poor box. Included in the collection was \$10 for the Building Fund and \$1,000 from an anonymous donor for help to the needy.	
February 13 February 14	13	26	\$830.00 \$1,542.00		

NOTE: Memorial donations, funeral offerings, and baptism offerings are included in the regular collection totals.

Upcoming observances, events, and notes:

Parish Council: If interested in serving on the Parish Council, please contact Father Dennis.

Divine Liturgy: Saturday, February 27, for the repose of the souls of Elias and Abla Jabbour and also Jacqueline Jabbour Matta, requested by Joumana and Gabriel Hajj. May their Memories Be Eternal!

Divine Liturgy: Sunday, February 28, for the repose of the soul of Georges Matar, requested by his loving daughter Dina. May his Memory be Eternal!

Great Lent: The Great Fast began on February 15. We will have services on Wednesday and Friday evenings at 5:30 pm, starting February 17. Wednesdays we will celebrate the Pre-sanctified Liturgy and on Fridays Compline and the Akathist.

Fasting and Abstinence Guidelines: There are a variety of traditions regarding the forty day period of the Great Fast. A distinction needs to be made between fasting and abstinence. Fasting is the practice of not eating anything for a period of time. Abstinence is the practice of not eating specific foods. The traditional practice (rule) in our Church is as follows:

- Monday through Friday: A fast consisting of no food or drink from midnight until noon.
- Every day: No meat, no fish with spines, no dairy products. Shell fish are permitted.
- Fish and wine are permitted on the Feast of the Annunciation and on Palm Sunday.

Though few are able to keep the rule to its fullness, we should all do the best we can. Of course, small children, the sick, pregnant and nursing mothers, and those with medical conditions that would be harmed by the practice are exempted. Please remember the Great Fast is a tool for us to focus on God and our neighbor. Do the best you can.

200 Club: January winners are: \$50 Hendrick Facas; \$25 Michael Flaherty; \$10 Joanne Moukawsher; \$10 Anisa Starr; \$10 Amanda Hajj. Congratulations to our winners! Our year has ended. We will start a new year in April, if we have enough people who want to participate.